

FACELIFT

Pre & Post Operative Information Sheet

BEFORE SURGERY

1. **NO ASPIRIN** or medicine containing aspirin* for 2 weeks prior to surgery because it interferes with normal blood clotting. (*i.e., No Advil, Alkaseltzer, Anacin, Ascriptin, BC, Bufferin, Coricidin, Darvon Compound, Fiorinol, Dristan, Empirin, Excedrin, Midol, Motrin, Percodan, Sine-Aid, Sine-Off, Triaminicin, Vanquish, etc. If in doubt, check with us.) If needed you may take Tylenol.
2. You may color, bleach or perm your hair up to one month before surgery. No further treatment until 6 weeks after surgery. Do not invest in an expensive hairdo before surgery.
3. Smokers **MUST STOP SMOKING** 6 weeks before surgery to reduce postoperative complications caused by smoking.
4. Report any signs of a cold, infection, boils or pustules appearing within 1 week before surgery.
5. You need to arrange for a responsible adult to drive you to your home or hotel and stay with you the rest of the day and night.
6. **NO ALCOHOLIC** beverages for 1 week before surgery or while taking medications after surgery.
7. You will be given a slip for lab work (possibly EKG & chest x-ray) at your second consult. You will be instructed on when and where to have these done. (approx. one week before surgery.) (This will be at an additional cost to you beyond quote for surgery.)
8. If you have any questions regarding the upcoming surgery, please do not hesitate to call the office between 8am-5pm. Please arrive to office on _____ at _____.

NIGHT BEFORE SURGERY

1. Wash your hair, face, ears and neck for 5 minutes with the PhisoHex soap that was prescribed for you. Use caution not to get it in your eyes and rinse well. Do not use cream or lotion on face afterwards. Do not set or style your hair.
2. **ABSOLUTELY** No eating or drinking after midnight the night before surgery!

MORNING OF SURGERY

1. NO make-up or jewelry or fingernail polish.
2. Do not take any medications without checking with us before surgery.
3. Wear a housecoat or bathrobe that buttons or zips up the front, so it does not have to be put over your head. Wear all cotton panties for surgery.
4. **YOU MUST** have a responsible adult to drive you home after surgery. Upon arrival to the office, give us the name and phone number of your driver/caretaker and where you will be staying the night of surgery. Have this person read these instructions as well. Additional instructions will be given to this person when they take you home.